

2022 CULTURE AND CLIMATE CALENDAR

SEPTEMBER: CAMPUS WELL-BEING

WEEK 1

Belonging and Connection

Cultivate belonging as the foundation of a healthy school culture

- Build cohesiveness through group work and service-learning projects
- Increase connection through “campfires” (smaller, more personal events) as well as “bonfires” (big events)
- Create collaborative murals
- Embed [skills and practices](#) that promote belonging

[Nurturing Well-Being in Schools](#)
[ASCD](#)

WEEK 2

Protect Energy and Efficacy

Help address the contextual factors that impact burnout

- Prune away extraneous curricula, programs, initiatives, and expectations.
- Support the “You’ve got this!” messaging by providing mastery experiences and job embedded feedback to build efficacy.
- Gather high-quality feedback from staff with tools like this [sample inventory](#).
- Take care of your [energy](#) at work

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WEEK 3

Increasing Student and Teacher Voice

Establish a culture that honors student and teacher voice

- Always involve those most directly impacted by a decision
- Set up leadership structures and opportunities for students.
- Value teachers’ expertise more than the curriculum.
- Be creative about teacher roles and leadership opportunities; deepen the bench.
- Collect and actualize feedback frequently and consistently.

WEEK 4

Well-Being

Create a well-being ecosystem

- Consider the computer analogy of teacher well-being.
- Incorporate simple well-being polls into classrooms and staff meetings: What song, emoji, character, etc reflects your mood today
- Make time for well-being by reconfiguring the daily schedule to slow the pace.
- Reconfigure physical spaces with well-being in mind.